

WealthManagement

SOLUTIONS FOR YOUR LIFENEEDS™

Market Insights

A periodic newsletter from Idaho Trust Bank

After finishing last year on rocky footing, the global financial markets have experienced a very strong start to the year. A slowdown in global economic activity had clearly begun to impact the investment environment at the end of last year as concerns developed that the economy was not strong enough to withstand tighter monetary policy, but a shift in Federal Reserve Bank policy seems to have alleviated these worries, at least for now.

Global Gross Domestic Product

The World Trade Organization has reduced its 2019 Gross Domestic Product (GDP) forecast to the lowest level in the past three years. (See chart on next page). The reduction reflects a sharp contrast from last year when expectations of future growth were significantly higher. The world's major economies are all experiencing an economic slowdown due in part to political uncertainty around the globe, as nationalist movements have begun to emerge, due to renewed suspicion over global trade and finance. Uncertainties of the impact of trade tariffs between the U.S. and China have also contributed to the softer outlook.

The projections for global economic output call for a 3.3% gain this year, down from 3.8% over the past two years, reflecting slowdowns in both developed and emerging markets. The Organization for Economic Cooperation and Development

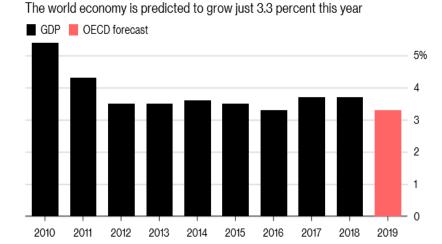
Idaho Trust Bank offers total wealth solutions including its LifeNeeds™ investing process. LifeNeeds™ utilizes proven strategies and techniques delivered by a highly trained staff of wealth management professionals.

LifeNeeds™ wealth management accounts feature optimized asset allocations, robust security screening and Idaho Trust Bank's unique TacticLogic™ investment process. All of which are tailored to our clients' unique financial needs.

(OECD) has warned that downside risk could make actual results worse than the projections, particularly if trade conflicts escalate.

Interest Rates

Over the past few months, the Federal Reserve Bank (Fed) has



shifted from anticipating multiple interest rate hikes in 2019 to zero increases and possibly cutting interest rates by the end of the year. The sharp change in expectations was a result of many forward looking economic indicators that have begun to weaken, which suggests that there would be a slowdown in the coming months. The change in policy has resulted in a decline in interest rates. Note the sharp drop in 30-year mortgage rates in the chart

Slower Momentum

below.

Reversing Course Average rate on the 30-year fixed mortgage. weekly 5.0% 4.9 4.8 4.7 4.6 4.5 4.4 4.3 4.2 4.1 4.0 3.9 April'19 Jan. '18 June Nov. Source: Freddie Mac

First-Quarter Recap

During the first three months of 2019, the U.S. indices experienced very strong equity market gains. The S&P 500 index rose 13.65% from January through the end of March. Many factors likely contributed to the shift in investment sentiment; such as, the perception of a less aggressive Fed policy position and hopes that there would be a resolution to the tariff conflict between the U.S. and China.

Of the major U.S. indices, the Nasdaq Composite, which contains a large portion of technology companies, had the strongest

returns in the first quarter. The Dow Jones Industrial Average and S&P 500, each containing a broader composition of companies, registered solid gains, as investors anticipated that a slowdown in corporate profit growth was temporary. International stock indices experienced solid gains, although not as strong as the U.S. equities so far this year.

Europe has experienced a sharp slowdown in economic activity as several countries have struggled with political instability as well as a concern that Italian banks hold a rather high portion of non-performing loans on their books.

Strong performance from the Technology group has been an important contributor to the overall market returns. During the first three months of this year, the U.S Tech sector rose almost 20%. The Health Care and Financials sectors experienced the softest, although still respectable, returns.

Conclusion

We expect that the global economy will continue to advance at a slow and moderate pace in the coming years as scarce

2019 Market Returns

(Year to Date)

as of March 31, 2019

us oj Murch 31	, 2019	
Broad Market Returns		
S&P 500	13.65%	
Dow Jones Industrial Average	11.81%	
Nasdaq	16.81%	
Russell 2000 - small cap	14.57%	
MSCI EAFE	9.98%	
MSCI Emerging Markets	9.91%	
US Bond Index	2.94%	
Treasuries	2.11%	
Corporate Bonds	5.14%	
Municipal Bonds	2.90%	
Foreign Bond Index	1.46%	
Commodities	6.32%	
Domestic Stock Sectors		
Information Technology	19.86%	
Financials	8.56%	
Health Care	6.59%	
Energy	16.43%	
Consumer Discretionary	15.73%	
Consumer Staples	12.01%	
Industrials	17.20%	
Utilities	10.84%	
Materials	10.30%	
Telecommunication Services	13.98%	
Real Estate (REITs)	17.53%	

demand prevents significant growth. One positive outcome could be that lack of excessive investment will likely limit economic overcapacity, which typically is the precursor to a recession.

Another important variable will be the changing political and fiscal policy environment, which has created many uncertainties; from spending priorities to the impact of tariffs. Uncertainty surrounding these issues could add to the volatility this year but the underlying foundation of economic health remains relatively healthy. We also think another important variable will be inflation expectations. If inflation rates begin to accelerate, the Fed will become more aggressive in tightening monetary policy.

S&P 500 Index

3 Month	13.65%
Year-to-Date	13.65%
1 Year	9.48%
3 Year	13.52%
5 Year	10.90%

MSCI EAFE Net Index

3 Month	9.98%
Year-to-Date	09.98%
1 Year	-3.55%
3 Year	7.29%
5 Year	2.33%

Barclays Aggregate Bond Index

3 Month	2.94%
Year-to-Date	2.94%
1 Year	4.48%
3 Year	2.03%
5 Year	2.74%

As of 3.31.2019

Boise Branch

888 W. Broad St. Boise, Idaho 208.373.6500

Coeur d'Alene Branch

622 E. Sherman Ave. Coeur d'Alene, Idaho 208.664.6448

Las Vegas Trust Office

2850 W. Horizon Ridge PKWY, Ste 200 Henderson, Nevada 702.430.4747

Info@IdahoTrust.com www.IdahoTrust.com

- 1. Consult an Idaho Trust Bank financial consultant for more details. Securities and insurance products are offered through LPL Financial and its affiliates, Member FINRA/SIP. Idaho Trust Bank is not a registered broker/ dealer and has a brokerage affiliate arrangement with LPL Financial. Idaho Trust Bank is a separate company from LPL Financial. Investment accounts generally under \$300,000; Insurance and Annuities of all sizes.
- Please see the Idaho Trust Bank Schedule for Fees. Investment accounts generally over \$300,000.
- 3. Please see the Idaho Trust Bank Schedule of Fees. Investment accounts generally over \$500,000. Certain products may be provided by a Financial Consultant of Idaho Trust Financial is utilized: (1) Securities and insurance products are offered through LPL Financial and its affiliates, Member FINRA/SIPC; (2) Idaho Trust Bank is not a registered broker/dealer and has a brokerage affiliate arrangement with LPL Financial; and, (3) Idaho Trust Bank is a separate company from LPL Financial, Idaho Trust Bank does not provide tax or legal advice. Overlay Asset Management utilizes external and/or internal managers selected by Idaho Trust Bank.
- 4. Certain products may be provided by a Financial Consultant of Idaho Trust Financial. Securities and insurance products are offered through LPL Financial and its affiliates, Member FINRA/SIPC. Idaho Trust Bank is not a registered broker/dealer and has a brokerage affiliate arrangement with LPL Financial. Idaho Trust Bank is a separate company from LPL Financial. Idaho Trust Bank does not provide tax or legal advice.
- 5. Exchange Traded Funds (ETF), mutual funds and individual stocks are subject to risks and fluctuate in value. Neither asset allocation nor diversification assure a profit or protect against loss. International investing involves special risks including increased volatility, political risks, and differences in auditing and other financial standards. Small-cap stocks have historically experienced greater volatility than average. High yield, lower-rated securities generally entail greater market, credit and liquidity risks than investment grade securities and may include higher volatility and higher risk of default. Bond prices are sensitive to changes in interest rates and a rise in interest rates can cause a decline in their prices. Past performance is no guarantee of future results. No representation is hereby made of the risk and/or return of any particular portfolio. There is no guarantee that any suggested investment strategy will work in any market. You should fully and carefully consider all objectives, risks, expenses and fee before you invest.
- 6. Portfolios are illustrative only. ActualLifeNeedsTM Portfolios will vary from time to time as determined by Idaho Trust Bank. No representation is hereby made of the risk and/or return of any particular portfolio. There is no guarantee that any suggested investment strategy will work in any market. You should fully and carefully consider all objectives, risks, expenses and fees before you invest. Past performance is no guarantee of future results.

Exchange Traded Funds (ETF), mutual funds and individual stocks are subject to risks and fluctuate in value. Neither asset allocation nor diversification assure a profit or protect against loss. International investing involves special risks including increased volatility, political risks, differences in auditing and other financial standards. Small-cap stocks have historically experienced greater volatility than average. High yield, lower-rated securities generally entail greater market, credit and liquidity risks than investment grade securities and may include higher volatility and higher risk of default. Bond prices are sensitive to changes in interest rates and a rise in interest rates can cause a decline in their prices. Past performance is no guarantee of future results. For more information about performance of Idaho Trust Strategies and our performance calculation methodology, please contact us. Actual client performance may vary from the performance of model portfolios and/or any strategy. No representation is hereby made of the risk and/or return of any particular portfolio. There is no guarantee that any suggested investment strategy will work in any market. You should fully and carefully consider all objectives, risks, expenses and fees before you invest.

Portfolios are illustrative only. Actual LifeNeeds™ Portfolios will vary from time to time as determined by Idaho Trust Bank. The Idaho Trust investment strategies will vary from time to time as determined by Idaho Trust Bank. The information and analysis expressed herein are for general information only and are not intended to provide specific advice or recommendations for any individual or entity. Information contained herein has been obtained by sources we consider reliable, but is not guaranteed. Any opinions expressed are based on our interpretation of data available to us at the time of the original publication of the report. These opinions are subject to change at any time without notice.

NOT A DEPOSIT • NOT FDIC INSURED • NOT INSURED BY ANY FEDERAL GOVERNMENT AGENCY • NOT GUARANTEED BY THE BANK • MAY GO DOWN IN VALUE

Rev. 3.31.19 ©Idaho Trust Bank, 2019. All Rights Reserved.